# **Therapists in Des Moines County**

### **Community Health Center of SE Iowa (CHC)**

844-843-7942

319-768-5858

- If seeing a medical doctor, the doctor can refer a patient to a counselor within the office.
- Accepts Medicaid and most insurances

#### **Counseling Associates, Inc.**

1013 Ave I, Fort Madison, IA 52527

319-372-2459

- Accepts all insurances
- Openings
- Accepts Children/Adults

### **Families First Counseling Services**

214 N. 4<sup>th</sup> Street, Ste. 1A

Burlington, Iowa 52601

319-433-0395 or 1-888-316-3025

- Accepts Hawkeye/Medicaid and Blue Cross/Blue Shield
- Private Pay starts at \$40.00 and runs up to \$90.00.
- Accepts Children/Adults

#### **Great River Mental Health**

1225 South Gear Avenue, Ste. 251

Mercy Plaza

West Burlington, Iowa 52655

319-768-3712

- Accepts all insurances except Medicare
- No one under the age of 18 y/o

#### **Grinstead, Pierce and Associates**

610 N. 4th River Park Place, Ste. 110A

Burlington, Iowa 52601

319-754-8035

- Accepts all insurances except Medicare/Amerigroup/EBS
- Accepts Children/Adults
- Currently has a waiting list

### **Heartland Pathways**

www.heartlandpathways.com

724 N. 3rd Street

Burlington, Iowa 52601

319-249-5777

- Individual, Couples, Family, Children-Teens and Group Counseling
- In-School Counseling/Telehealth

- Accepts Most Major Insurances
- Currently has a waiting list

### **Innovative Family Therapy & Play Therapy Center LLC**

409 N. 4<sup>th</sup> Street

Burlington, Iowa 52601

319-208-9648

- Accepts all insurances
- Accepts Children/Adults

### **Mid-Iowa Family Therapy Clinic**

205 Washington St., Ste. 200

Burlington, Iowa 52601

319-208-1280

- Accepts Medicaid and most insurances
- Accepts Children/Adults
- Play therapy, individual therapy, behavioral health intervention services.

## **Next Chapter Therapy**

Ashley Lee, LISW

Burlington, Iowa 52601

319-572-1298

nextchapter.ashley@gmail.com

- In-school counseling
- Accepts Children, Teens and Families
- Accepts Medicaid and Blue Cross Blue Shield

## **Optimae Life Services**

407 N. 4<sup>th</sup> Street

Burlington, Iowa 52601

319-754-4618

- Accepts Medicaid and most insurances
- Accepts Children/Adults
- Currently has a waiting list

### **Young House Family Services**

400 S. Broadway

Burlington, Iowa 52601

319-752-4000

- Accepts all insurances except Medicare and Tri Care
- Accepts Children/Adults
- Currently has a waiting list